## 2017 Green & Gold

**FOOTBALL CAMP**

**Four Individual Camp Sessions**
June 30, July 7, July 14, July 21
8:00 – 10:30 AM

**Location:**
Football Field
Count Basie Complex

11 Henry St
Red Bank, NJ

***\*\*Each player receives a***

***Green & Gold Camp T-Shirt***

Red Bank Catholic High School
112 Broad St.
Red Bank, NJ 07701

for more information:
Athletic Office: 732-747-1211
Email: camps@rbcsports.com

**REGISTER ONLINE**
Go to “Athletics” on the RBC website awww.redbankcatholic.org

Green & Gold

FOOTBALL

2017

*Passing Academy*

**Red Bank Catholic High School**

**Athletic Department**

**112 Broad St.**

**Red Bank, NJ 07701**





**R**ed **B**ank **C**atholic

High School

**Red Bank Catholic High School**

112 Broad St.

Red Bank, NJ 07701

**Camp Location:**

Count Basie Complex, Red Bank, NJ

**For BOYS Entering 5th-8th Grade**

**CAMP SESSIONS:**

**June 30, July 7, July 14,**

and **July 21, 2017**

Caption describing picture or graphic.

##  Enrollment is Limited!

##

# CAMP GOALS

**Passing Academy**

 2017 GREEN and GOLD FOOTBALl: Passing Academy *Registration*
Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Present Grade (’16-17 school year)\_\_\_\_\_\_\_\_\_\_Age\_\_\_\_\_\_\_\_

Parent’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Home Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Cell Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_State\_\_\_\_\_\_\_\_Zip\_\_\_\_\_\_\_\_\_\_\_\_\_
Parent emai address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sessions (circle) 6/30 7/7 7/14 7/21
 ABSOLUTELY NO REFUNDS $25 Deposit enclosed, balance to be paid 1st day of clinic or pay in full now.
Please make checks payable to: Red Bank Catholic Athletic Dept. and mail, along with Registration form to
Athletic Dept., Red Bank Catholic High School, 112 Broad St., Red Bank, NJ 07701.
I understand that any camper who does not abide by the rules and regulations promulgated by the camp is subject to dismissal without reimbursement or recourse. I also understand that the Green and Gold Football Clinic is not responsible for any campers leaving the grounds of Red Bank Catholic. The camp will not be responsible for injury or illness if same is not caused through fault of the camp. I hereby authorize the directors of the Green and Gold Camp to act for me according to their best judgment in any emergency if I cannot be contacted. I understand that each camper is required to provide his own medical and accidental insurance.
 Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_

***REGISTER EARLY***

**To register online**

go to “Athletics” on the RBC website:

www.redbankcatholic.org

**2017 Camp Dates:**June 30, July 7, July 14, July 21
8:00 – 10:30 AM

$50 per session



 Camp Director:
 Frank Edgerly

Former NFL scout and coach with the New England Patriots and Cleveland Browns and current head coach at Red Bank Catholic.

Coach Edgerly and his staff have developed a highly-productive offensive system that equips their players with the skills and knowledge to be successful at the collegiate level.

* Intense individual, group, and unit instruction on all aspects of the passing game.
* Heavy emphasis on individual skill development and execution of the basic, intermediate, and advanced concepts used at the high school and collegiate levels.

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| **QUARTERBACKS** |  | **WIDE RECEIVER** |
| 1. Footwork / agility2. Passing technique and fundamentals3. 3/5 step drop mechanics, reads, and route concepts4. Screen and play action mechanics and concepts5. Sprint and movement technique6. Coverage identification7. Conceptual read progressions  | 1. Footwork / agility 2. Stance and starts3. Pass catching fundamentals4. Route running technique from outside and inside alignments5. Age/level applicable route concepts6. Perimeter screens7. Coverage identification and sight adjustments8. Ball security |
| **RUNNING BACK** | **TIGHT ENDS** |
| 1. Footwork / agility2. Pass catching fundamentals3. Route running from both the backfield and split out alignments4. Screens from the backfield and split out alignments5. Pass protection fundamentals6. Blitz protection and route adjustments7. Ball security | 1. Footwork / agility2. Stance and start from tight and split alignments3. Pass catching fundamentals4. Route running from tight and split alignments5. Age/level applicable route concepts6. Coverage identification and sight adjustments7. Ball security |

**WHAT TO BRING:**

* T-shirt, shorts, and cleats
* a football size-specific to your level of play

marked with your initials.